Do you ever wonder what meets the criteria of a qualifying expense in regards to your Flexible Spending Account (FSA)? Below, Benefit Coordinators Corporation (BCC) provides an in-depth, updated list of qualifying expenses that are eligible for reimbursement. If you have questions regarding potentially qualifying expenses not listed here, please contact our customer service staff.

**Eligible Expenses**

- Abortion
- Acupuncture
- Adoption, pre-adoption medical expenses
- Alcoholism treatment
- Ambulance
- Artificial limbs
- Artificial teeth
- Asthma treatments
- Bandages, elastic, gauze pads, liquid adhesives for small cuts
- Blood pressure monitoring devices
- Breast pumps and lactation supplies
- Carpal tunnel wrist supports
- Chiropractors
- Circumcision
- Co-insurance amounts
- Cold/hot packs
- Contact lenses, materials and equipment
- Contraceptives
- Co-payments
- Crutches
- Deductibles
- Dental sealants
- Dental treatment (excludes cosmetic procedures)
- Dentures and denture adhesives
- Drug addiction/overdose treatment
- Egg donor fees
- Eye examinations and eyeglasses
- First aid (creams and kits)
- Flu shots
- GIFT (Gamete Intra-Fallopian Transfer)
- Guide dog
- Hearing aids
- Hospital services
- Immunizations
- Laboratory fees
- Lasik eye surgery
- Medical information plan charges
- Medical monitoring and testing devices
- Medical records charges
- Norplant insertion or removal
- Obstetrical expenses
- Occlusal guards to prevent teeth grinding
- Operations (excludes cosmetic procedures)
- Organ donors
- Osteopath fees
- Oxygen
- Physical exams
- Physical therapy
- Preventive care screenings
- Prosthesis
- Psychiatric care
- Radial keratotomy
- Shipping and handling fees
- Sterilization procedures
- Taxes on medical services and products
- Thermometers
- Transplants
- Transportation expenses for person to receive medical care
- Usual and customary charges, excess
- Vaccines
- Viagra
- Walkers
- Wheelchair
- X-ray fees

**Expenses Requiring Letter of Medical Necessity**

<table>
<thead>
<tr>
<th>Arthritis gloves</th>
<th>Chelation therapy</th>
<th>Medical alert bracelet or necklace</th>
</tr>
</thead>
<tbody>
<tr>
<td>Braille books and magazines</td>
<td>Fluoridation devices or services</td>
<td>Patterning exercise</td>
</tr>
<tr>
<td>Breast reconstruction surgery following mastectomy</td>
<td>Learning disability, instructional fees</td>
<td>Television or telephone for hearing impaired persons</td>
</tr>
</tbody>
</table>

**Expenses Requiring Medical Prescription**

<table>
<thead>
<tr>
<th>Allergy medicine</th>
<th>Diaper rash ointments and creams</th>
<th>Nicotine gum or patches</th>
</tr>
</thead>
<tbody>
<tr>
<td>Analgesics</td>
<td>Diarrhea medicine</td>
<td>Pain relievers</td>
</tr>
<tr>
<td>Antacids</td>
<td>Dietary supplements</td>
<td>Pregnancy test kits</td>
</tr>
<tr>
<td>Antibiotic ointments</td>
<td>Ear wax removal products</td>
<td>Rubbing alcohol Sinus medications</td>
</tr>
<tr>
<td>Antihistamines</td>
<td>Expectorants</td>
<td>Sleep deprivation treatment</td>
</tr>
<tr>
<td>Anti-itch creams</td>
<td>Eye drops</td>
<td>Smoking cessation medications</td>
</tr>
<tr>
<td>Aspirin</td>
<td>Fever-reducing medications</td>
<td>and programs</td>
</tr>
<tr>
<td>Bactine</td>
<td>Headache medications</td>
<td>Sunburn creams and ointments</td>
</tr>
<tr>
<td>Calamine lotion</td>
<td>Hemorrhoid treatments</td>
<td>Sunscreen with high SPF</td>
</tr>
<tr>
<td>Claritin</td>
<td>Herbs</td>
<td>Toothache and teething pain relievers</td>
</tr>
<tr>
<td>Cold medicine</td>
<td>Insect bite creams and ointments</td>
<td>Vitamins</td>
</tr>
<tr>
<td>Decongestants</td>
<td>Laxatives</td>
<td>Wart remover treatments</td>
</tr>
<tr>
<td>Diabetic supplies</td>
<td>Menstrual pain relievers</td>
<td>Yeast infection medications</td>
</tr>
<tr>
<td></td>
<td>Motion sickness pills</td>
<td></td>
</tr>
</tbody>
</table>